

Appendix I

Suggested Guidelines For AA Members Going Into Institutions:

- 1) Take the AA meeting into the institutions on a regular basis.
- 2) Sponsor and Alternate attend meeting together on a weekly basis if possible.
- 3) Provide a go-between—between the institution group and groups on the outside.
- 4) Provide individual sponsorship:
 - i) Sponsor or try to arrange for a sponsor for an individual in an inside group upon request.
 - ii) Bring the newly released institution resident to an outside meeting.
 - iii) Provide an AA contact for the institution resident upon release.
- 5) Bring AA literature into the institution group.
- 6) Make information about AA's function and purpose available to the institution administration.
- 7) Know and adhere to all institution regulations. Explain them to other AA members going into the institution with you. Generally speaking, the only thing we take in is the message! WE TAKE NOTHING OUT!! REMEMBER WE ARE THE GUESTS OF THE INSTITUTIONS—WE ARE VISITING!!!
- 8) Dress as you would for any other AA speaking commitment. AA grows by attraction and example. Remember that you may be the only copy of the Big Book that the institution sees.
- 9) Do not promise anything except sobriety for those who really want it.
- 10) Do not criticize the institution for its policy. Do not engage in anything between the residents and the administration.
- 11) Maintain a friendly and positive attitude toward all, both residents and staff, at all times.
- 12) Read and be familiar with all AA literature. Be especially familiar with that literature pertaining to institutions.
- 13) Attend Institutions Committee business meetings on the first Wednesday of every month to give a report on how the meetings are going at the different institutions.